

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nadia Prinsloo**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:10:36**

**Mat-To-Mat Time 01:10:36**

**PACE 07:03/km**

**GENDER 121 of  
385**

**OVERALL 233 of 628**



**SENIOR (20- 57 of 157  
39)**

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Date

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Signature

*BoutTime*