

CERTIFICATE OF PARTICIPATION

This is to certify that

Mynharde Van Zyl

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:03:23

Mat-To-Mat Time 01:03:23

PACE 06:19/km

GENDER 83 of 243

OVERALL 147 of 628

**SENIOR (20- 38 of 91
39)**



22 November 2025, Sat

Date

Signature

BoutTime