

CERTIFICATE

OF PARTICIPATION

This is to certify that

Mustaq Abbas

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:01:57

Mat-To-Mat Time 05:01:57

PACE 07:10/km

OVERALL 658 of 98

GENDER 386 of

557

50+ 91 of 130

22 November 2025, Sat-

BoutTime