

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Mongezi Mdena**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 03:52:49**

**Mat-To-Mat Time 03:52:49**

**PACE 05:31/km**

**GENDER 130 of  
557**

**OVERALL 176 of 983**



**SENIOR (20- 61 of 189  
39)**

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Date

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Signature

*BoutTime*