

CERTIFICATE OF PARTICIPATION

This is to certify that

Mona-Mare Griffioen

Has successfully participated & completed the

14km Trail Run Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

OFFICIAL TIME 01:33:00

Mat-To-Mat Time 01:33:00

PACE 06:37/km

OVERALL 11 of 46

GENDER 3 of 28

50 - 59 1 of 11



22 November 2025, Sat

Date

Signature

