

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Mmapula Sekatane**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 04:44:10**

**Mat-To-Mat Time 04:44:10**

**PACE 06:45/km**

**GENDER 188 of  
426**

**OVERALL 491 of 983**

**40+ 71 of 159**



22 November 2025, Sat

Date

Signature

*BoutTime*