

CERTIFICATE OF PARTICIPATION

This is to certify that

Mkhonza Mlungelo

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:21:42

Mat-To-Mat Time 04:21:42

PACE 06:12/km

**GENDER 217 of
557**

OVERALL 334 of 983

40+ 66 of 185



22 November 2025, Sat

Date

Signature

BoutTime