

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Mkhonza Mlungelo

Has successfully participated & completed the

**42.2km 22nd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**TIME 04:15:30**

**PACE 06:04/km**

**GENDER 102 of  
215**

**OVERALL 146 of 373**

**40+ 33 of 77**

23 November 2024, Sat

Date



*BoutTime*

Signature

