

CERTIFICATE OF PARTICIPATION

This is to certify that

**Minette Livingstone-
Louw**

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:33:07

Mat-To-Mat Time 03:33:07

PACE 05:03/km

GENDER 23 of 426

OVERALL 114 of 983

**SENIOR (20- 17 of 154
39)**



22 November 2025, Sat

Date

Signature

BoutTime