

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Michelle Smit-  
Stemmet**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 04:31:17**

**Mat-To-Mat Time 04:31:17**

**PACE 06:27/km**

**GENDER 144 of  
426**

**OVERALL 400 of 983**

**40+ 55 of 159**



22 November 2025, Sat

Date

Signature



*BoutTime*