

CERTIFICATE OF PARTICIPATION

This is to certify that

Michelle Fookwe

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

OFFICIAL TIME 01:14:53

Mat-To-Mat Time 01:14:53

PACE 07:28/km

OVERALL 29 of 44

GENDER 12 of 22

50 - 59 2 of 6



13 December 2025, Sat

Date

Signature

