

CERTIFICATE

OF PARTICIPATION

This is to certify that

Michael Wilken



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:37:22

Mat-To-Mat Time 01:37:22

PACE 09:43/km

OVERALL 476 of 628

GENDER 193 of

243

40+ 28 of 33

22 November 2025, Sat

BoutTime