



## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Michael Laing

Has successfully participated & completed the

13km Black Hill Timbercity Red Hill Marathon

held at Fish Hoek Sports Field.

**TIME** 02:13:10

PACE 5.86km/h

**GENDER** 210 of

260

**OVERALL** 482 of 623

**SENIOR (20-** 69 of 80

39)

25 January 2025, Sat



