

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Michael Jamneck

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME** 03:59:00

**Mat-To-Mat Time** 03:59:00

**PACE** 05:40/km

**GENDER** 157 of

557

**OVERALL** 216 of 983

**SENIOR (20-** 76 of 189

39)



Date

Signature Bout Lime