

CERTIFICATE OF PARTICIPATION

This is to certify that

Mhluleli Haward Silo

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:27:01

Mat-To-Mat Time 03:27:01

PACE 04:54/km

OVERALL 87 of 983

GENDER 73 of 557

40+ 21 of 185



22 November 2025, Sat

Date

Signature

