

CERTIFICATE OF PARTICIPATION

This is to certify that

Menzi Mthempu

Has successfully participated & completed the

10km Tshwane Oppie Bol Road Race

held at SANDF Sports Grounds.

TIME 00:45:12

PACE 04:30/km

GENDER 7 of 81

OVERALL 8 of 142

40+ 2 of 29

02 November 2024, Sat

Date



BoutTime

Signature

