

CERTIFICATE

OF PARTICIPATION

This is to certify that

Mc Stoman

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:56:34

Mat-To-Mat Time 03:56:34

PACE 05:36/km

GENDER 148 of

557

OVERALL 203 of 983

SENIOR (20- 72 of 189

39)



Date

Signature Bout Lime