

CERTIFICATE OF PARTICIPATION

This is to certify that

Mbuso Mntambo

Has successfully participated & completed the

42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 03:42:44

Mat-To-Mat Time 03:42:45

PACE 05:18/km

OVERALL 22 of 168

GENDER 22 of 132

50+ 3 of 34



22 November 2025, Sat

Date

Signature

