

CERTIFICATE OF PARTICIPATION

This is to certify that

Martie Van Staden

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:55:50

Mat-To-Mat Time 00:55:50

PACE 05:34/km

OVERALL 92 of 500

GENDER 30 of 280

50+ 3 of 70



19 December 2025, Fri

Date

Signature

