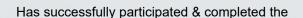


CERTIFICATE

OF PARTICIPATION

This is to certify that

Marthinus Lourens



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:28:21

Mat-To-Mat Time 04:28:21

PACE 06:22/km

GENDER 241 of

557

OVERALL 373 of 983

SENIOR (20- 103 of

39) 189



Date

Signature Bout Lime