

CERTIFICATE

OF PARTICIPATION

This is to certify that

Mariska Niemand

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:55:48

Mat-To-Mat Time 04:55:48

PACE 07:01/km

OVERALL 613 of 98

GENDER 251 of

426

40+ 96 of 159

22 November 2025, Sat

Date

Signature

BoutTime