

CERTIFICATE OF PARTICIPATION

This is to certify that

Maranda Avontuur

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:12:14

Mat-To-Mat Time 01:12:14

PACE 07:12/km

OVERALL 245 of 500

GENDER 115 of 280

60+ 9 of 30



19 December 2025, Fri

Date

Signature

