

CERTIFICATE OF PARTICIPATION

This is to certify that

Manus Mentz

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 02:15:29

Mat-To-Mat Time 02:15:13

PACE 06:27/km

OVERALL 52 of 195

GENDER 42 of 97

50+ 3 of 13



22 November 2025, Sat

Date

Signature

