

CERTIFICATE OF PARTICIPATION

This is to certify that

Manie Steenkamp

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:54:07

Mat-To-Mat Time 00:54:07

PACE 05:24/km

OVERALL 77 of 500

GENDER 52 of 220

70+ 2 of 14



19 December 2025, Fri

Date

Signature

