

CERTIFICATE

OF PARTICIPATION

This is to certify that

Manfred Laumann

Has successfully participated & completed the

21km '25 Cape Prestige #4

held at Doolhof Wine Estate.

OFFICIAL TIME 03:02:13

Mat-To-Mat Time 03:02:13

PACE 08:39/km

OVERALL 26 of 35

GENDER 16 of 23

60 - 69 4 of 6



22 November 2025, Sat