

CERTIFICATE OF PARTICIPATION

This is to certify that

Mandla Nkosi

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:49:46

Mat-To-Mat Time 00:49:46

PACE 04:57/km

OVERALL 48 of 500

GENDER 34 of 220

50+ 5 of 40



19 December 2025, Fri

Date

Signature

