

CERTIFICATE OF PARTICIPATION

This is to certify that

Malcolm Kapank

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:44:15

Mat-To-Mat Time 00:44:15

PACE 04:24/km

OVERALL 23 of 500

GENDER 20 of 220

50+ 4 of 40



19 December 2025, Fri

Date

Signature

