

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lynette Allen

Has successfully participated & completed the

14km Trail Run Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

OFFICIAL TIME 02:10:42

Mat-To-Mat Time 02:10:42

PACE 09:19/km

OVERALL 31 of 46

GENDER 17 of 28

50 - 59 7 of 11



22 November 2025, Sat