

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lungile Nkosi

Has successfully participated & completed the

42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 04:40:09

Mat-To-Mat Time 04:40:11

PACE 06:39/km

OVERALL 75 of 168

GENDER 8 of 36

50+ 2 of 6

22 November 2025, Sat

Date

Signature

