

CERTIFICATE OF PARTICIPATION

This is to certify that

Lumari Mentz

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:15:56

Mat-To-Mat Time 01:15:40

PACE 07:34/km

GENDER 39 of 145

OVERALL 70 of 206

**SENIOR (20- 18 of 65
39)**



22 November 2025, Sat

Date

Signature



BoutTime