

CERTIFICATE OF PARTICIPATION

This is to certify that

Luciah Nkonyane

Has successfully participated & completed the

32km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 03:41:44

Mat-To-Mat Time 03:40:25

PACE 06:54/km

GENDER 18 of 48

OVERALL 69 of 126

**SENIOR (20- 7 of 16
39)**



22 November 2025, Sat

Date

Signature



BoutTime