

CERTIFICATE OF PARTICIPATION

This is to certify that

Lucas Mtsipa

Has successfully participated & completed the

42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 04:33:09

Mat-To-Mat Time 04:32:08

PACE 06:30/km

GENDER 58 of 132

OVERALL 61 of 168

**SENIOR (20- 23 of 40
39)**



22 November 2025, Sat

Date

Signature



BoutTime