

CERTIFICATE OF PARTICIPATION

This is to certify that

Lourens Leroux Van
Dyk

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:57:59

Mat-To-Mat Time 01:57:59

PACE 05:36/km

OVERALL 136 of 678

GENDER 92 of 294

40+ 19 of 51



22 November 2025, Sat

Date

Signature

