

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Louise-Marié Kriel**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 03:59:17**

**Mat-To-Mat Time 03:59:17**

**PACE 05:40/km**

**GENDER 60 of 426**

**OVERALL 219 of 983**

**SENIOR (20- 32 of 154  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*