

CERTIFICATE OF PARTICIPATION

This is to certify that

Loftus Theron

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:59:49

Mat-To-Mat Time 00:59:49

PACE 05:57/km

GENDER 76 of 220

OVERALL 119 of 500

50+ 12 of 40



19 December 2025, Fri

Date

Signature

