

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizet Van Brakel

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:05:08

Mat-To-Mat Time 01:05:08

PACE 06:30/km

OVERALL 169 of 628

GENDER 78 of 385

40+ 11 of 73



22 November 2025, Sat

Date

Signature

