

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lizelle Oosthuizen



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:08:59

Mat-To-Mat Time 01:08:59

PACE 06:52/km

GENDER 105 of

385

OVERALL 210 of 628

SENIOR (20- 48 of 157

39)



Date

Signature Bout Lime