

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizel Van Dyk

Has successfully participated & completed the

42.2km 22nd Vlake Marathon

held at Heidelberg High School Sports Ground.

TIME 04:02:28

PACE 05:45/km

GENDER 25 of 158

OVERALL 107 of 373

40+ 9 of 59

23 November 2024, Sat

Date



BoutTime

Signature

