

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizel De Jager

Has successfully participated & completed the

10km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 01:29:00

PACE 08:54/km

GENDER 155 of 282

OVERALL 256 of 457

SENIOR (20- 72 of 117 39)



23 November 2024, Sat

Date

BoutTime

Signature

