

CERTIFICATE OF PARTICIPATION

This is to certify that

Lize Venter

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:54:43

Mat-To-Mat Time 01:54:43

PACE 11:27/km

GENDER 338 of 385

OVERALL 551 of 628

SENIOR (20-39) 132 of 157



Date

Signature

BoutTime