

## CERTIFICATE

## OF PARTICIPATION

This is to certify that

## Lize Marié Du Toit



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME** 01:20:07

**Mat-To-Mat Time** 01:20:07

**PACE** 08:00/km

**GENDER** 178 of

385

**OVERALL** 321 of 628

**SENIOR (20-** 80 of 157

39)



Date

Signature Bout Lime