

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizani Lourens**

Has successfully participated & completed the

**10km SEEFF KMC NITE RACE**

held at Knysna Marathon Clubhouse, Knysna.

**OFFICIAL TIME 00:55:48**

**Mat-To-Mat Time 00:55:44**

**PACE 05:33/km**

**OVERALL 86 of 256**

**GENDER 20 of 111**

**50+ 1 of 24**



16 December 2025, Tue

Date

Signature

