

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liza Pannell

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:59:12

Mat-To-Mat Time 01:59:12

PACE 05:39/km

OVERALL 146 of 678

GENDER 49 of 384

SENIOR (20- 26 of 188

39)

22 November 2025, Sat

BoutTime