

# CERTIFICATE OF PARTICIPATION

This is to certify that

Lisca Le Roux

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 00:59:49**

**Mat-To-Mat Time 00:59:49**

**PACE 05:57/km**

**OVERALL 106 of 628**

**GENDER 36 of 385**

**40+ 5 of 73**



22 November 2025, Sat

Date

Signature

