

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lisa Lange**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:46:13**

**Mat-To-Mat Time 01:46:13**

**PACE 10:36/km**

**GENDER 232 of 280**

**OVERALL 420 of 500**

**50+ 57 of 70**



19 December 2025, Fri

Date

Signature



*BoutTime*