

CERTIFICATE OF PARTICIPATION

This is to certify that

Lionel Cronje

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:57:31

Mat-To-Mat Time 02:57:31

PACE 04:12/km

OVERALL 24 of 983

GENDER 23 of 557

40+ 7 of 185



22 November 2025, Sat

Date

Signature

