

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liezel Smith

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:53:36

Mat-To-Mat Time 00:53:36

PACE 05:21/km

OVERALL 73 of 500

GENDER 25 of 280

SENIOR (20- 13 of 98

39)

19 December 2025, Fri

BoutTime