

CERTIFICATE OF PARTICIPATION

This is to certify that

Liesl Du Plessis

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:30:02

Mat-To-Mat Time 04:30:02

PACE 06:24/km

**GENDER 139 of
426**

OVERALL 390 of 983

50+ 22 of 95



22 November 2025, Sat

Date

Signature



BoutTime