

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liane Parkes

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:54:53

Mat-To-Mat Time 01:55:00

PACE 05:27/km

OVERALL 30 of 195

GENDER 6 of 98

SENIOR (20- 3 of 43

39)

22 November 2025, Sat

BoutTime