

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liandra Figeland

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:17:44

Mat-To-Mat Time 01:17:44

PACE 07:45/km

OVERALL 275 of 50

GENDER 135 of

280

40+ 31 of 61

19 December 2025, Fri

BoutTime